

INSHAPE

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FIND YOUR INNER SHAPE

NO PAIN. ALL GAIN

Take Your Workout to the Next Level with InShape

Transform Your Body and Reach Your Fitness Goals with InShape - The Non-Invasive Solution for Delivering High-Intensity Workout Results InShape helps you to achieve your dream body and fitness goals, with no pain or downtime - achieving comparable results to high-intensity workouts in just a fraction of the time. This innovative device uses electromagnetic fields to deliver forced muscular contractions, equivalent to 20,000 - 30,000 squats or sit-ups, targeting all core muscle groups. With just six 30-minute sessions, you'll see dramatic results including reduced fat and increased muscle, with no pain or downtime. InShape is the perfect solution for anyone looking to achieve their ideal body shape and improve fitness and flexibility quickly and safely. Try it today and see the difference (from the very first session) for yourself!

The Number 1, Non-Invasive, and Pain-Free Solution to Tighten and Strengthen the Pelvic Floor, Improving Stress Incontinence

Take the first step towards improved pelvic health. The InShape Pelvic Floor device uses cutting-edge technology to help you address pelvic floor dysfunction, providing a non-invasive, pain-free treatment. By utilising electromagnetic fields, the device induces forced muscular contractions that target all muscle groups in the pelvic floor area. With just six 30-minute sessions, you can experience significant improvements in pelvic muscle strength and overall health. This solution is ideal for those who suffer from incontinence or seek to improve pelvic muscle control in a safe, efficient, and convenient manner. Book your InShape Pelvic Floor appointment today!



No
downtime

Non
invasive

Treatment
ONLY
in 30min

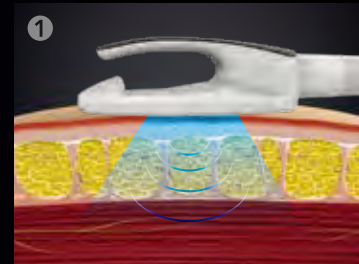
Proven effective
on both
MUSCLE & FAT

healthxchange
devices

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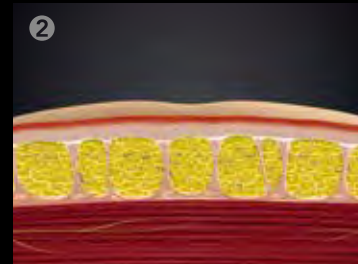
INSHAPE

Treatment Procedure



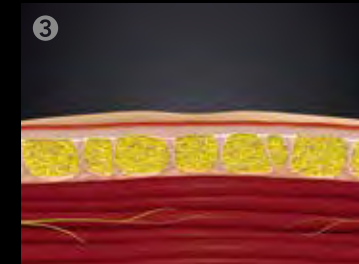
Muscle Workout

InShape induces strong contractions on muscle in order to induce automatic muscle training.



Microscopic Tears in Muscle

Muscle does automatic workout by using the discomposed fats as energy source. Meanwhile, microscopic tears are caused on myofibers as consequence of intensive contraction of muscles.



Muscle Growth & Fat Burning

Muscle recovers and it gets rebuilt gradually. It results in Muscle Growth and Fat Burning for better body shaping.

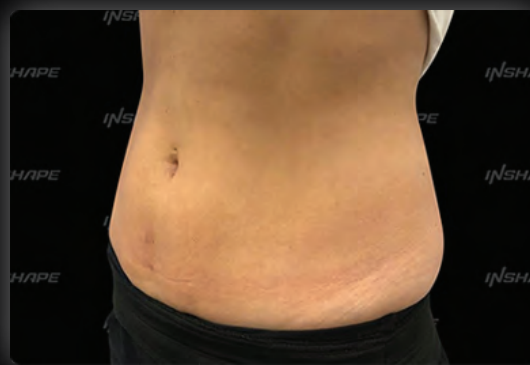
Before and After



BEFORE



AFTER



BEFORE



AFTER

Practical 2 applicators

2 applicators for multiple area

Time saving treatment

Safe & effective

Selective treatment is possible

New generation of
Electromagnetic stimulation for body shaping



30MINUTE
BODY SHAPING

Quick 30 minutes InShape treatment allows intensive automatic muscle workout in brief time. It enables to go back to normal routine right after treatment, without any discomfort in body nor in normal life.