

# Age Defying Facial

The Obagi Age Defying Facial is intended for clients who have fine lines, wrinkles and would like firmer skin. This rejuvenating and replenishing facial experience is perfect for those with aging skin concerns.

Products and Supplies Checklist	<input type="checkbox"/> FOAMING GEL CLEANSER	<input type="checkbox"/> PROFESSIONAL- C PEPTIDE COMPLEX	<input type="checkbox"/> DISPOSABLE HEADBAND
Before starting the service, ensure you have the following products and supplies:	<input type="checkbox"/> TONER	<input type="checkbox"/> ELASTIDERM EYE CREAM	<input type="checkbox"/> GLOVES (AS NEEDED)
	<input type="checkbox"/> PROFESSIONAL- C MICRODERMABRASION POLISH + MASK	<input type="checkbox"/> OBAGI HYDRATE / HYDRATE LUXE	<input type="checkbox"/> GAUZE
	<input type="checkbox"/> EXFODERM FORTE <sup>‡</sup>	<input type="checkbox"/> SUN SHIELD MATTE BROAD SPECTRUM SPF 50	<input type="checkbox"/> COTTON PADS
	<input type="checkbox"/> PROFESSIONAL- C SERUM 15 %		<input type="checkbox"/> WOODEN SPATULAS
			<input type="checkbox"/> COTTON TIP APPLICATORS
			<input type="checkbox"/> GALI CUPS

Contraindications	2 DAYS	Facial
The following list includes some of our customized facial restrictions pre-service:	5 DAYS	Facial Waxing   Laser Hair Removal/Electrolysis
	7 DAYS	Microderm Infusion/Microdermabrasion   Dermaplaning Injectables/Dermal Fillers
	14 DAYS	Chemical Peel   Microneedling   Microblading (eyebrows)
	4 WEEKS	IPL/Photofacial
	3 -6 MONTHS	Laser Treatments/Cosmetic Surgery
	6 MONTHS	Accutane   Chemotherapy   Radiation

## AGE DEFYING FACIAL PROTOCOL

A	Consultation	FACIAL STEP	PRODUCT/ TOOLS	AMOUNT NEEDED	KEY ACTIONS
		1. Cleanse	Foaming Gel Cleanser	½ pump per cleanse	Double cleanse face, remove with gauze after each cleanse
		2. Prep/Tone	Toner	1 pump	Apply with 1 cotton pads, sweep face, neck, and décolleté
		3. Skin Analysis	OBSERV Lamp		
B	Treatments	FACIAL STEP	PRODUCT/ TOOLS	AMOUNT NEEDED	KEY ACTIONS
		4. Professional-C Mask	Professional-C Microdermabrasion Polish + Mask	1 teaspoon	Warm a teaspoon amount in hands, smooth a thin, even layer to barely damp face, avoid getting too close to the eyes, process for up to 10 mins, remove with gauze and warm water
		5. Exfoderm Forte Mask	Exfoderm Forte <sup>‡</sup>	1 ¼ pumps	Dispense into mask/peel dish, use hands to apply a thin, even layer to the face and neck, process for up to 10 mins, remove with gauze and warm water
C	Finishing Products	FACIAL STEP	PRODUCT/ TOOLS	AMOUNT NEEDED	KEY ACTIONS
		6a. Eye	ELASTIderm Eye Cream	As needed	Apply around orbital bone and eyelid with cotton tip applicator
		6b. Treatment	Professional-C Serum 15%	5 - 7 drops	Apply in gentle circles over face and feather to neck
		6c. Treatment	Professional-C Peptide Complex	1- 2 pumps	Apply with hands to face
		6d. Moisturise	Obagi Hydrate	1 pump	Apply with hands to face, neck, and décolleté
		6e. Protect	Sun Shield Matte Broad Spectrum SPF 50	1 pump	Apply with hands to face, neck, and décolleté

<sup>‡</sup> Sunburn Alert: This product contains an alpha hydroxy acid (AHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterward.