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Preparation

Be sure to avoid any type of exfoliating products 3-4 days prior to the application of the Professional-C Polish + Mask. These include Retinol, Alpha and Beta Hydroxy Acids.



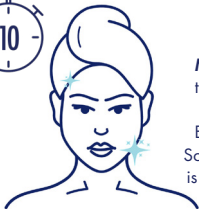
Warm Up

Soften the product by gently whipping the Polish + Mask, with the spatula provided, until you reach a smooth, soft consistency.

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Application

Warm the **Obagi Professional-C Microdermabrasion Polish + Mask** in your hands, then sweep a thin, even layer onto clean, damp skin.

Exfoliation prepares the skin for optimum absorption. So sit back and relax for 10-15 minutes while Vitamin C is infused into the skin. Wipe away the mask with a soft, wet cloth and water.

Aftercare

Avoid touching or picking newly cleansed skin.
Avoid sun exposure without adequate sun protection as skin will be sensitive to UV radiation.

Do not use products that contain Retinol, Alpha or Beta Hydroxy Acids as these can cause excessive redness.

To optimise results, consider purchasing an Obagi Transformation System or optional maintenance products.

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