

RETINOL ACCELERATOR INTEGRATION SCHEDULE

SKIN CARE MANAGEMENT SYSTEM™ ONLY

	PHASE 1	PHASE 2
STEP 1 CLEANSE	☀️ & 🌙	☀️ & 🌙
STEP 2 REJUVENATE	☀️ & 🌙	☀️ & 🌙
STEP 3 RESURFACE	☀️ <i>only</i>	☀️ & 🌙
STEP 4 HYDRATE	☀️ & 🌙	☀️ & 🌙
STEP 5 PROTECT	☀️ <i>only</i>	☀️ <i>only</i>

Use the charts to integrate your personal skin care routine.

Each phase should be followed for a minimum of one full week with all products tolerated for 7 days prior to proceeding to the following phase*.

SKIN CARE MANAGEMENT SYSTEM™ & RETINOL ACCELERATOR

	PHASE 1	PHASE 2	PHASE 3	PHASE 4
STEP 1 CLEANSE	☀️ & 🌙	☀️ & 🌙	☀️ & 🌙	☀️ & 🌙
STEP 2 REJUVENATE	☀️ & 🌙	☀️ & 🌙	☀️ & 🌙	☀️ & 🌙
STEP 3a RESURFACE	☀️ <i>only</i>	☀️ <i>only</i>	☀️ & 🌙	☀️ & 🌙
STEP 3b RETINOL ACCELERATOR	<i>every other</i> 🌙	🌙 <i>only</i>	🌙 <i>only</i>	☀️ & 🌙
STEP 4 HYDRATE	☀️ & 🌙	☀️ & 🌙	☀️ & 🌙	☀️ & 🌙
STEP 5 PROTECT	☀️ <i>only</i>	☀️ <i>only</i>	☀️ <i>only</i>	☀️ <i>only</i>

*After Phase 4, Retinol Accelerator use can increase to both AM & PM as tolerated.